

**Niwot Elementary School's
PTAC General Meeting Minutes
Tuesday October 20, 2015
9:15am - 10:45am**

Speaker - Lindsey Oliver with Boulder Valley Nutrition

Link: *None; meeting held in cafeteria, with no overhead presentation.*

OPENING:

Morning pilot PTAC meeting.

Meet and Greet with coffee/tea, fruit and muffins provided by the PTAC Board.

The meeting was called to order in the cafeteria at 9:22am by President Donna Blondeau with 19 members present. (Number breakdown: 10 parent members, 6 Board members, 3 staff.)

The Pledge of Allegiance was recited.

The minutes of the September 2015 meeting were reviewed and approved as posted.

The Executive Board was introduced.

- PTAC Executive Board Members
 - Principal - Nancy Pitz
 - Teacher Representative - Pilar LaFaye (5th grade)
 - President - Donna Blondeau
 - Vice President - Joyce Frailey
 - Vice President of Fundraising - Riki Frea
 - Treasurer - Bobbi O'Donnell
 - Recording Secretary - Julie Jensen
 - Communications Secretary - Patricia Lady

PRINCIPAL REPORT: Presented by Nancy Pitz, Principal

- Staff Introductions:
 - Pilar LeFaye: 5th grade teacher and PTAC Teacher Rep.
 - Matt Moore-Kochlacs - New Tech para provided by the PTAC.
 - Teachers received well.
 - Lots of questions
 - Because position is 3 hrs/day onsite, he can help immediately without interrupting the teaching happening in the classroom.
- 3 big Initiatives launched Fall 2015
 - Watch DOGS - almost every spot filled for entire school year.
 - Trip Tracker - 130 registered
 - 100 mile club - 200 registered

- Movement in the classrooms
 - Julie Franklin with Begin Fitness in Niwot
 - Made age appropriate baskets for teachers with a wide range of activities for movement in classrooms.
 - Provided training for teachers
- NES staff is doing a book study
 - ***The Differentiated Classroom*** by Carol Ann Tomlinson
 - By each teacher understanding and determining each students learning style, personality and interests, they can better respond to the needs of all learners in their classroom.
- Annual “Information Celebration”
 - November 10th at 6pm
 - NES Choir to perform
 - PTAC update

TEACHER REPRESENTATIVE REPORT: Presented by Pilar LeFaye

- Dinah Sherwood - Thank you to all who made the Book Fair a success again this year.
- 5th grade team: BIG thank you to PTAC for funding the majority of Ameritowne.

TREASURER’S UPDATE: Presented by Bobbi O’Donnell, PTAC Treasurer

(Financials are always posted on the PTAC website)

Income Highlights (since 07/01/2015)	
Cougar Campaign	\$37,608.73
Directory	\$9,110.45
Niwot Trot	\$6,929.72
Spirit Wear	\$3,775.35
Book Fair	\$2,532.46
Grocery Cards	\$1,784.83
Dining for Dollars	\$348.28

Expenditure Highlights (since 07/01/2015)	
Para Salaries/Benefits	\$8,322.57
Teacher Grants	\$1,643.56
4th/5th Grade Concerts	\$250.00
Spirit Wear	\$2,861.07
Young Ameritowne	\$1,370.00
Spelling Bee	\$136.00
Niwot Trot	\$2,327.78
Watch D.O.G.S.	\$928.03
Teacher's Luncheon	\$493.18
New Family Welcome	\$202.22

Parent question: Is there a way for the Board to notify a parent when their company matched their Cougar Campaign donation.

Treasurer: Yes, the Cougar Campaign Committee will email you with the information regarding your company's match.

PRESIDENT'S REPORT: Presented by Donna Blondeau, PTAC President

2015 PTAC COMPLETED ACTIVITIES		
Kindergarten Popsicle Party	Back to school teacher luncheon	NES Open House
NES New Family Meet and Greet	Buddy Family Program	NES Super Spirit Day
Summer Learning Program	School Supplies	Trip Tracker Launch
Outdoor Movie Night	Watch D.O.G.S. Pizza Party and Program Launch	Niwot Trot
Cougar Campaign with Principal Pitz Sundae Success!	Dining for Dollars (Whistle Stop, Smashburger and Snarfs in November	Box Tops Program
Grocery Card Program	5th grade Artist in Residence Program approval	Volunteer coordination
Newspaper Liaison	Room Parent Coordination	Book Fair

COMMITTEE REPORTS: Presented by Joyce Frailey, VP and Riki Frea, VP of Fundraising.

- Summer Learning:
 - Need a Committee Chair.
- Talent Show:
 - 11/2 Deadline for entries; All forms submitted online.
 - Date of Talent Show: Thursday January 14, 2016
- Watch Dogs:
 - All scheduling done online.
 - Each dad spends lunch, recess and some time in child's classroom during volunteer day.
- Trip Tracker:
 - Remember busing counts toward points.
 - Bonus bucks awarded when certain number is reached each month.
 - Note: The PTAC doesn't pay for the 'Bucks'. They are donated by certain businesses.
- Teacher Appreciation:
 - Thursday October 22nd; Host - 4th grade; Italian theme.
- Directory:
 - Anticipate directory being distributed by late October.
 - \$11,400.00 in ads
 - Increased by 4 pages.
- Dining for Dollars:
 - Whistlestop - \$58.00
 - Smashburger - \$290 plus \$100 in coupons
 - Nov. 3rd - Snarfs in Gunbarrel
 - NES gets 20% from ALL SALES from 3pm until close
- Niwot Trot:
 - 365 Registered (315 pre-registered online or paper form)
 - 30% NES students
- Bookfair:
 - No online sales
- Corporate Cash:
 - Goodshop.com
 - Amazon Smile
 - Target Red Card obsolete April 2016
- Summer Learning:
 - Need a Committee Chair
- Sock Hop and Silent Auction:
 - Need a Silent Auction Committee Chair
 - Friday March 18th

Guest speaker: Lindsey Oliver, NC with Boulder Valley Nutrition

Lindsey Oliver, a Certified Nutritionist and NES parent loves to talk about food. During the last half of our PTAC meeting, Lindsey provided us with simple strategies to change our family's food choices for the better. Why is Lindsey on a mission to change our eating habits? Because for the *first time ever* in the history of our country, we are dealing with high rates of obesity combined with malnutrition diseases (i.e. Rickets from Vitamin C deficiency). To ensure the most success with your family, Lindsey recommends slowly making changes to your family's diet and avoid making a grand announcement one day that there will be no more sugar, candy, cake, sodas, etc...in your house!

Following are 7 simple strategies to start implementing today:

- Phase in changes - start with something new 1 time a week.
- Instead of fast food, check out the prepared foods at area markets.
- Instead of removing all of a certain treat...pick a day where your kids can have that certain treat. *'Ice Cream Sundaes on Sunday'*
- Increase veggie consumption; it's the most nutrient dense food.
- Get the kids buy in....Have them help make dinner.
- Novelty - Kids love fun shapes! Use it to your advantage.

To learn more about Lindsey, her passion for food and the many ways she can help you be healthier, check out her website: BoulderValleyNutrition.com

CLOSING:

Meeting adjourned at 10:45am

Respectfully submitted,

Julie Jensen, *PTAC Recording Secretary*

