



Sunday, Sept 18, 2016
 9:00AM
 Whistle Stop Park
 Niwot, CO

Please join families, staff, teachers and friends of Niwot Elementary for a 5K (3.1mile) race through downtown Niwot!

New for 2016!

- > Professionally timed event
- > Formal student awards ceremony
- > Flat, fast course beginning and ending at Whistle Stop Park (intersection of 1st and Murray). Out and back course is perfect for cheering every participant!

Registration Details

- > \$15 per entrant includes T-shirt (quantities limited so register early)
- > Race Day registration increases to \$20.
- > 100 Mile Club qualifying miles
- > Strollers permitted and welcomed
- > Bicycles and dogs are not allowed

Register and pay online at <http://niwotelementaryptac.3dcartstores.com> through Sept 13th.

Or return this form with \$15 per participant (cash or check payable to Niwot Elem PTAC).

Please circle T-shirt size

| Students | First Name | Last Name | Gender | Grade | Teacher | Youth | | | Womens | | | | Mens | | | |
|----------|------------|-----------|--------|-------|---------|-------|---|---|--------|---|---|----|------|---|---|----|
| | | | | | | S | M | L | S | M | L | XL | S | M | L | XL |
| 1 | | | M F | | | S | M | L | S | M | L | XL | S | M | L | XL |
| 2 | | | M F | | | S | M | L | S | M | L | XL | S | M | L | XL |
| 3 | | | M F | | | S | M | L | S | M | L | XL | S | M | L | XL |
| 4 | | | M F | | | S | M | L | S | M | L | XL | S | M | L | XL |

Please circle T-shirt size

| Non-students | First Name | Last Name | Gender | | Youth | | | Womens | | | | Mens | | | |
|--------------|------------|-----------|--------|---|-------|---|---|--------|---|---|----|------|---|---|----|
| | | | | | S | M | L | S | M | L | XL | S | M | L | XL |
| 1 | | | M F | ___No thanks, too many t-shirts already | S | M | L | S | M | L | XL | S | M | L | XL |
| 2 | | | M F | ___No thanks, too many t-shirts already | S | M | L | S | M | L | XL | S | M | L | XL |
| 3 | | | M F | ___No thanks, too many t-shirts already | S | M | L | S | M | L | XL | S | M | L | XL |
| 4 | | | M F | ___No thanks, too many t-shirts already | S | M | L | S | M | L | XL | S | M | L | XL |

Please return to Niwot Elementary, Attn: Niwot Trot 2015, 8778 Morton Rd, Longmont, CO 80503.

I acknowledge that participation in this activity involves some risk of injury or death, and I assume these risks. I further acknowledge that the participant(s) is physically capable of performing in this activity. I release and hold harmless the St. Vrain Valley School District, the Niwot Elementary PTAC, and any and all Niwot Trot organizers, coordinators and volunteers from any liability for any injury or death arising from participation in this activity. I understand and accept that this acknowledgement and release applies to me and/or any of my minor children listed on this registration.

Signature

Date

Phone

Email (Trot purposes only)